



Audiobooks



Tool Description

Audiobooks are books read by good readers in an expressive and often well "acted" way. They can be listened to on the computer, on tablets or smartphones and, in some cases, on mp3 players.

What is the challenge the tool can solve?

Children who have a learning disorder, especially those with dyslexia, often experience reading difficulties. Reading being one of the most used skills in our everyday life, these difficulties cause another problem, which is the loss of autonomy.

It is however important not only to give aids, but also to empower those young learners to improve their reading skills over time. This is why Dys learners should not solely rely on audiobooks. They should be used as tools to accompany the written text as to develop their reading fluency and phonological awareness.

Nonetheless, reading and listening at the same time requires a lot of focus. It is therefore advised to take some breaks during the reading, which will also allow them to process the information. Audiobooks can also be useful in the early stages of reading acquisition (therefore, even before the diagnosis of dyslexia) to increase motivation towards reading.

What are the benefits for Dys persons?

The student gets used to thinking that books contain exciting stories, and this motivates him/her more towards reading, even when this ability is particularly difficult to acquire. The student can also acquire new knowledge that would otherwise be precluded by inadequate reading.

The younger your child is, the more time will they need to be able to "train" to read with their eyes.

However, a distinction should always be made between times when obstacles need to be addressed and times when they need to be circumvented. There are times when the weak ability (in this case reading) can be enhanced and times when the difficulty can be compensated for, if this prevents other important acquisitions (for example, when the content of a book needs to be known in order to discuss it in the classroom).

Finally, it is up to you to "dose" your audiobooks. If the reading difficulties are slight, you can make audiobooks available to your child only for some texts and not for others.

Example of use in daily life

The easiest way to use an audiobook is to download an app on your tablet, computer or mobile phone:

<https://play.google.com/store/apps/details?id=com.google.android.apps.books&hl=en>