

Tool Description

Grips are accessories that are adapted to the pencils and pens to put the fingers in the correct position around the writing instrument and facilitate a progressive organization of the movements to write. Grips are suitable for right-handed people and left-handed people.

What is the challenge the tool can solve?

Handwriting requires a good coordination of fine motor activities between shoulder - arm - forearm - wrist - hand - fingers movement, which is difficult for most children with Dys.

This coordination difficulty affects the graph-motor mobilization, so it is necessary to stimulate the fine motor activity with:

- precision manual exercises;
- manipulation of small objects in exercises that appeal to imagination and creativity.

For the acquisition of manual dexterity, it is necessary that the children experience pictographic activities with different techniques of painting, drawing and modelling. It is very important that they try different types of writing instruments (thick and thin pencils, pens, markers, etc.).

What are the benefits for Dys persons?

The grips are important aids to hold and manipulate writing instruments. They are also important auxiliaries for the control of letter design and visual-motor coordination. They also save effort from the muscles of the hand.

Example of use in daily life

There are several types of grips, fit for the specific needs of each person. There is a presentation of the main types and their applications at:

https://www.youtube.com/watch?time_continue=17&v=cIDi6CPMVvs

There is also additional information on the subject at:

<https://www.youtube.com/watch?v=KVf51TojK1U>

Grips are available at a reduced price and can be purchased from educational good stores. They are also easily found in online catalogues for educators and occupational therapists, such as this:

<https://pimpumplay.pt/products/details/conjunto-auxiliares-escrita-adaptador-lapis-pencil-grip>